

RF Exposure Calculations

HF Antennas

Feedline

The HF feed between the shack and the antennas consist of the following:

Purpose	Material Information	Gain *
Feed between tuner and entrance box	RG-213, 12 feet	-0.09
Lightning arrestor		?
Feed between entrance box and hardline	RG-213, 3 feet	-0.02
Feed between house and HF tower	0.5 inch hardline, 100 feet	-0.24
Feed between hardline and switch	RG-213, 3 feet	-0.02
Antenna switch		?
Calculated total Gain		-0.37 dB
Total Gain measured at 3.6 MHz		-0.3 dB
Total Gain measured at 7.12 MHz		-0.3 dB
Total Gain measured at 14.15 MHz		-0.7 dB
Total Gain measured at 21.2 MHz		-0.7 dB
Total Gain measured at 30 MHz		-0.8 dB

Cushcraft A4S with 40 meter dipole

Purpose	Material Information	Gain *
Feed from switch to antenna	RG-213, 62 feet	-0.46 dB
Tribander: 28, 21, 14 MHz	Front to back ration: 25 dB	8.9 dB, front
40 meter dipole		2 dB

Terminated, Folded Dipole (T2FD)

Purpose	Material Information	Gain *
Feed from switch to antenna	RG-8X, 65 feet	-0.71 dB
T2FD		1-2 dB

- Does not contain connector loss

RF Exposure Calculations

Feedline to Cushcraft A4S (10/15/20 Meters)

Frequency gain plus antenna feed = $G_r + (-0.46)$

$G_{10M} = (-0.8) + (-0.46) = -1.26$ dB Power to antenna = 0.75 x transmitter output

$G_{15M} = (-0.7) + (-0.46) = -1.25$ dB Power to antenna = 0.75 x transmitter output

$G_{20M} = (-0.7) + (-0.46) = -1.25$ dB Power to antenna = 0.75 x transmitter output

Feedline to Cushcraft 40 Meter Dipole

Frequency gain plus antenna feed = $G_r + (-0.46)$

$G_{40M} = (-0.3) + (-0.46) = -0.76$ dB Power to antenna = 0.84 x transmitter output

Feedline to T2FD

Frequency gain plus antenna feed = $G_r + (-0.71)$

$G_{80M} = (-0.3) + (-0.71) = -1.01$ dB Power to antenna = 0.79 x transmitter output

Power Loss/Gain

$\text{dB} = 10 \log_{10} (P_2/P_1)$ for Power

$P_2 = P_1 \times 10^{(\text{dB}/10)}$

Links

Station Evaluation: <https://www.arrl.org/fcc-rf-exposure-regulations-the-station-evaluation>

Exposure Calculator: <https://www.arrl.org/rf-exposure-calculator>

Calculator Parameters: <https://www.arrl.org/rf-exposure-calc-instructions>

RF Exposure Calculations

RF Exposure

Antenna	Band	Power Trans	Power Ant	Duty cycle	Gain	Min Safe Con	Min Safe Uncon
A4S Dig	10	50	37.5	100	8.9	5 ft	12 ft
A4S Voice	10	1000	750	50	8.9	9	20
A4S Dig	15	50	37.5	100	8.9	4	9
A4S Voice	15	1000	750	50	8.9	6	14
A4S Dig	20	50	37.5	100	8.9	3	6
A4S Voice	20	1000	750	50	8.9	4	10
A4S Dipole Dig	40	50	42	100	2	1	2
A4S Dipole Vo	40	1000	840	50	2	2	4
T2FD Dig	80	50	39.5	100	1	0.3	0.7
T2FD Voice	80	1000	790	50	1	1	2